

The Household Science & Nutrition Sciences Alumni Association

Presents

The Professor Edna W. Park Lecture 2018

Role of Diet in Preventing Osteoporosis

Objectives:

- To understand what nutrients need more attention for building peak bone mass—learnings from controlled feeding studies in adolescents (Camp Calcium).
- To weigh the evidence for too much or too little calcium, vitamin D, and sodium.
- To understand the role of prebiotic fiber and berries in preventing age related bone loss using a novel, rapid method.

Connie M. Weaver, PhD

Distinguished Professor, Department of Nutrition Science
Purdue University, West Lafayette, Indiana

Thursday, November 8, 2018

5:30 to 7:00 PM (Reception to follow)

JJR MacLeod Auditorium, Room 2158
Medical Sciences Building (wheelchair accessible)
1 King's College Circle, Toronto

RSVP (any dietary restrictions or accessibility) by **November 2**,
medicine.rsvp@utoronto.ca or 416-978-7142



Nutritional Sciences
UNIVERSITY OF TORONTO



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